

PRELIMINARY RESULTS

Summary Results^a of the 1997 and 1998 MOD surveys, the 1999 Hispanic survey, and the E-FACES and S-FACES 2000

Question	MOD survey 1997 Ages 18-45 (N=2001) Percent of respondents	MOD survey 1998 Ages 18-45 (N=2115) Percent of respondents	E-FACES 2000 Ages 18-35 (N=2807) Percent of respondents	Hispanic Survey 1999, Ages 18-35 (N=502) Percent of respondents	S-FACES 2000 Ages 18-35 (N=506) Percent of respondents
Daily usage of vitamins/minerals	45.0	45.0	43.7	32.3	27.3
Type of vitamins/minerals taken (daily or less frequently)					
Multiple vitamin	38.0	36.0	40.4 ^b	16.3 ^c	19.4 ^d
Prenatal	6.0	6.0	9.0	4.8	5.9
Folic acid	NA ^e	1.0	1.0	<1	<1
B complex	NA	1.0	1.8	2.0	1.2
What vitamins are important for women of childbearing age?					
Prenatal	8.0	NA	18.7	18.3	17.8
Multiple vitamins	18.0		23.8 ^f	12.7	15.2
Folic acid	11.0		21.5	8.8	9.5
Took prenatal or MV during last pregnancy ^g	93.0	92.0	95.3	87.8	87.3
	n=1406	n=1531	n=1728	n=418	n=416
Started taking prenatal/MV <i>before</i> knew of pregnancy ^h	18.0	15.0	26.0	9.0	7.7
	n=1312	n=1421	n=1647	n=367	n=363
Believe consuming vitamins during pregnancy reduces risk of birth defects ⁱ	58.0	NA	69.6	57.8	67.6
Heard or read about folic acid	66.0	68.0	63.9	35.5	46.4
				n=442 ^j	

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Heard, read, or seen what about folic acid?					
Helps prevent birth defects	16.0	20.0	23.1	32.3	17.0
Helps reduce risk of spina bifida	5.0	5.0	5.9	18.0	3.4
Need greater during pregnancy	6.0	6.0	9.6	16.6	15.3
Should be taken before pregnancy	9.0	10.0	14.9	8.0	16.6
	n=1375	n=1526	n=1793	n=217 ^k	n=235
Learned about folic acid where?					
Television/Radio	22.0	23.0	28.1	44.2	43.4
Physician/nurse/NP	16.0	21.0	27.9	31.8	23.4
Magazine or newspaper article	36.0	31.0	21.8	14.7	11.5
Clinic	0	NA	1.8	12.9	16.2
Friends/co-workers or family	6.0	8.0	8.3	10.6	0.9
	n=1375	n=1526	n=1793	n=217 ^k	n=235
Believe a woman should take MV before her pregnancy.	80.0	79.0	87.5	74.1	80.0

- a All percentages have been rounded. Totals for each question may not equal 100 percent because only selected findings are presented.
- b Includes 188 women who gave a brand name or another vitamin on Q4 and said the brand/vitamin was a multivitamin on Q4a
- c For the baseline Hispanic survey, includes women who answered multivitamins, Centrum, One-a-Day, or Flintstones.
- d Includes 29 women who gave a brand name or another vitamin on Q4 and said the brand/vitamin was a multivitamin on Q4a
- e Results were not reported separately for folic acid; however, 44% of women reported taking a vitamin containing folic acid on a daily basis or less frequently.
- f Includes 5 who said Centrum
- g The base number (n) represents women who have had a child or are currently pregnant.
- h The base number (n) represents women who took prenatal/multivitamins during last pregnancy.
- i For E-FACES and S-FACES wording is: "Do you think that consuming vitamins can reduce the risk of birth defects?"
- j For the baseline Hispanic survey, this question was asked only of women who did *not* mention folic acid in previous questions (Q4/4b, 11, 16a, 18a). Combining the number of women who answered "yes" to Q.19 ("Have you ever heard of read anything about folic acid?") and the number of women who spontaneously mentioned folic acid on previous questions, the total percentage of women who heard about folic acid was approximately 43.2 percent.
- k For the baseline Hispanic survey, the base number (n) represents women who answered "yes" on Q.19 ("Have you ever heard or read anything about folic acid?") or mentioned folic acid in previous questions (Q.4/4b, 11, 16a, 18a).