# Homeland Security Advisory System Recommendations

## Individual

<table>
<thead>
<tr>
<th>Risk of Attack</th>
<th>Recommended Actions</th>
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</table>
| **SEVERE** (Red) | - Complete recommended actions at lower levels  
- Listen to radio/TV for current information/instructions  
- Be alert to suspicious activity and report it to proper authorities immediately  
- Contact business to determine status of work day  
- Adhere to any travel restrictions announced by local governmental authorities  
- Be prepared to shelter in place or evacuate if instructed to do so by local governmental authorities  
- Provide volunteer services only as requested |
| **HIGH** (Orange) | - Complete recommended actions at lower levels  
- Be alert to suspicious activity and report it to proper authorities  
- Review your personal disaster plan  
- Exercise caution when traveling  
- Have shelter in place materials on hand and review procedure in [Terrorism: Preparing for the Unexpected](#) brochure  
- If a need is announced, donate blood at designated blood collection center  
- Prior to volunteering, contact agency to determine their needs |
| **ELEVATED** (Yellow) | - Complete recommended actions at lower levels  
- Be alert to suspicious activity and report it to proper authorities  
- Ensure disaster supplies kit is stocked and ready  
- Check telephone numbers and e-mail addresses in your personal communication plan and update as necessary  
- Develop alternate routes to/from work/school and practice them  
- Continue to provide volunteer services |
| **GUARDED** (Blue) | - Complete recommended actions at lower level  
- Be alert to suspicious activity and report it to proper authorities  
- Review stored disaster supplies and replace items that are outdated  
- Develop emergency communication plan with family/neighbors/friends  
- Provide volunteer services and take advantage of additional volunteer training opportunities |
| **LOW** (Green) | - Obtain copy of [Terrorism: Preparing for the Unexpected](#) brochure from your local Red Cross chapter  
- Develop a personal disaster plan and disaster supplies kit using Red Cross brochures [Your Family Disaster Plan](#) and [Your Family Disaster Supplies Kit](#)  
- Examine volunteer opportunities in your community; choose an agency to volunteer with and receive initial training  
- Take a Red Cross CPR/AED and first aid course |

Your [local American Red Cross chapter](#) has materials available to assist you in developing preparedness capabilities.