

**U.S. Department of Energy - Oak Ridge Office**  
**Training and Development Group**  
**Training Course Bulletin**

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**Course Name:** Planning for Retirement - FERS

**Course Number:** 001198

**Session Number:** 0017 – October 3-4, 2012  
0018 – October 24-25, 2012

**Description:** This course is designed to provide Federal Employees Retirement System (FERS) employees knowledge, materials and tools needed to make fully informed decisions about their retirement benefits and prepare them for a successful retirement.

Topics covered include:

- Flexible Spending Accounts Program
- Social Security and Medicare programs
- Long-Term Care Insurance
- Thrift Savings Plan
- Federal employee's health and life insurance programs

**Audience:** All FERS employees (Focuses on employees who are within 5 years of retirement)

**Vendor:** Government Retirement Benefits, Inc. (GRB)

**Instructor:** Cheryl Vodzak

**Location:** Comfort Inn, 433 S. Rutgers Ave., Oak Ridge, Secret City Room

**Dates:** October 3-4, 2012  
October 24-25, 2012

**Time:** 8:30 -4:00

**Slots:** 30 (Spouses are welcome to attend – To reserve a seat for your spouse, please indicate their attendance on your electronic training request form. Also, please indicate on your request if your spouse is a Foreign National.)

**Cost:** Funded by TDG

To register, forward a completed electronic Training Request Form  
<http://www.ornl.gov/tdd/tddreq.htm>.

For additional information, call (865) 576-1082.

(Bulletin No. 0713-988)

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