

## Recognizing and Writing SMART Objectives

Pair off with another person and identify which of the following objectives is SMART.

Select one objective that does not meet SMART criteria, and re-write the objective so that is a SMART objective.

1. By December 2006, the State Heart Disease and Stroke Coalition will increase from 10 members to 20 members.

SMART? Yes \_\_\_\_ No \_\_\_\_ If No, state why it is not SMART, and re-write the objective so that it becomes SMART.

2. Promote continuous statewide education of health professionals in order to improve their knowledge of the most up-to-date information on heart disease and stroke.

SMART? Yes \_\_\_\_ No \_\_\_\_ If No, state why it is not SMART, and re-write the objective so that it becomes SMART.

3. Develop a chronic disease quality improvement collaborative among small primary care physicians' offices using the Chronic Care model.

SMART? Yes \_\_\_\_ No \_\_\_\_ If No, state why it is not SMART, and re-write the objective so that it becomes SMART.

4. Increase from 17% to 30% the number of adults ages 18 and older in the State that recognize all the signs and symptoms of stroke by December 31, 2009. (Baseline BRFSS 2005 Signs and Symptoms module)

SMART? Yes \_\_\_\_ No \_\_\_\_ If No, state why it is not SMART, and re-write the objective so that it becomes SMART.