

Eliminating Disparities/Secondary Prevention

Results of a survey of members of five African-American churches in Butler county in rural Alabama indicated that limited access to prescription medications was a problem faced by members and was an ongoing barrier to CVD risk reduction in the area.

The question was: “Was there a time during the last 12 months when you needed to fill a prescription, but could not because of the cost?”

Partnering with the State Pharmacy Department and Pharmacy Interns and the Department’s Graphics Division, a pamphlet: “Patient Prescription Drug Assistance Programs for Cardiovascular Medications” was produced and distributed in Butler county and later distributed to Senior Centers, 67 Public Health Clinics, Family Physicians, the AARP, and made available to the general public as well.

Purpose and properties of the pamphlet:

- To help those in need obtain heart, blood pressure, diabetes and cholesterol medications at a reduced cost.
- Provides a list of prescription medications and companies that offer drug assistance programs.
- Easy to use.
- Contact information for the pharmaceutical companies is in the form of toll-free phone numbers.
- Drug assistance program websites are listed.
- Included is the contact number for the Senior Rx program - a program of the Alabama Department of Senior Services for those age 60 or older.
- This pamphlet is available for download on the adph website : www.adph.org/CVH