

Questions for work site survey

General overview questions

- Do larger/smaller industries have more facilities for physical activity ?
- Do larger/smaller industries offer more healthy food choices?
- Does type of food offered differ by type of industry/size/location?

- What policies and environmental supports are indicative of a healthy environment?
 - Does this differ by industry type/size/location/shiftwork?

- Is it possible to rank industries by policies and environmental supports offered?
 - If so, what would be the “Gold Standard” for each industry?
 - Does this differ depending on industry type/size/location/shift work?
 - Is there a minimum as far as what policies and environmental supports are offered?
 - Does this differ by industry type/size/location/shift work?
 - What is the minimum?
 - What industries do not meet this minimum?
 - What is the maximum? (the maximum maybe what we use for the "Gold Standard").
 - What industries meet this maximum?
 - Perhaps this series of questions needs to be approached differently, as industries are not going to look upon our program favorably if we rank them, and say that they have not met some minimum standard for a healthy work environment. Of course could just use this info for internal purposes.

Questions looking at physical activity in the workplace.

- Are industries of a certain type/size/location/shiftwork more likely to offer employees places for physical activity than other industries?
 - How do types of facilities for physical activity that are offered in the workplace differ by industry type/size/location/shiftwork?
 - Is a certain type of industry/size/geographical region more likely to subsidize memberships to an offsite club.

Questions looking at nutrition in the workplace.

- Do nutrition policies such as offering of nutritional value of foods, reimbursement for dietary counseling, policy on fruits and vegetables being offered at meetings differ by type of industry/size/location/shiftwork?

Questions looking at smoking policy in the workplace.

- Does policy on smoking differ by type of industry/size/location/shiftwork?
 - Can smoking policy be linked with other policies/environmental supports in the workplace?

Questions that examine what policies and environmental supports are already in place, and how this differs by industry.

- Are there any trends as to what industries have in place as far as policies and environmental supports?
 - Do these trends differ by industry type/size/location/shiftwork?
- Are industries of certain types/size/location/shiftwork more likely to have policies and environmental supports promoting a healthy environment over other industries?

As a follow-up to above question to be more specific:

- Are industries of a certain type/size/location/shiftwork more likely to offer:
 - Opportunities for physical activity at the work place
 - Subsidized gym memberships
 - Healthy food in the vending machine/cantina
 - Screenings at the worksite
 - Worktime to participate in screenings
 - EAP
 - Family medical leave
 - Flextime

Questions looking at relationships among variables.

- Are industries that have a health promotion budget and a person designated for health promotion, more likely to have areas for physical activity, healthy snacks, smoking cessation programs, health fairs, screenings, etc?
 - If industries have a budget and a point person, are similar programs offered across industries?
 - What is offered?
- What are the relationships between screening programs, insurance, and other variables (flextime, EAP, family medical leave, shiftwork, industry size/type/location)?
- Are industries reporting that they offer opportunities for physical activity more likely to have access to healthy snacks?
 - Does this differ by industry type/size/location/shiftwork?
- Do industries offering places to be physically active and healthy snacks differ by size/type/location/shift work as compared to those who do not offer places for physical activity and healthy snacks?

- In those businesses where senior management was reported to be highly supportive, was there more place for physical activity, healthy snacks, gym memberships, etc.?
 - Is there an industry of a certain type/size/location/shiftwork where senior management trends to be more supportive of a healthy environment than others?
- Are industries employing more minorities more/less likely to have policy and environmental supports in place that promote cardiovascular health? (Since we know that minority populations are underserved as far as healthcare, does this hold true as far as policies and environmental supports promoting a healthy environment in the workplace also).
- Are white collar or blue collar industries more likely to offer places to be physically active and healthy snacks in the work place? (Have not defined white and blue collar, so perhaps need to reword this).
- Are those businesses who totally prohibit smoking more likely to offer facilities for physical activity, healthy food choices, etc, health screenings?